

# PODIATRISTS IN SASKATCHEWAN



"THE PRACTICE OF PODIATRY IS THE USE OF MEDICAL, PHYSICAL OR SURGICAL METHODS TO PREVENT, DIAGNOSE AND TREAT AILMENTS, DISEASES, DEFORMITIES AND INJURIES OF THE HUMAN FOOT, BUT DOES NOT INCLUDE TREATMENT OF SYSTEMIC DISEASE, EXCEPT FOR THE LOCAL MANIFESTATIONS IN THE FOOT

As **foot specialists** we play an important role in treating pathologies of the legs and feet, either independently or as part of a team with other medical professionals.

Evolving from a long-established and respected profession that was until recently known as chiropody, today's podiatrists carry not only a modern name but **use the most modern techniques and technology in treating foot problems.**

In Saskatchewan, the profession is governed by an Act of provincial legislation: **The podiatry Act**, which appoints a Regulatory Body, to ensure qualification standards in its membership, to actively further skills and training, and to deal with discipline issues.

In Saskatchewan, only those practitioners who have graduated from an accredited school of Podiatry and who meet the minimum entry requirements are eligible to become licensed members of the College.

The **Saskatchewan College of Podiatrists** ensures that members adhere to their College's legislation, practice standards, infection control and mandatory continuing education regimen.

## Contact information

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[www.scop.ca](http://www.scop.ca)

## TYPICAL PATIENT PROBLEMS INCLUDE:

### Chronic foot pain

Heel pain syndrome, plantar fasciitis, capsulitis, bursitis, tendonitis, intermetatarsal neuroma, metatarsalgia posterior tibial syndrome, sesamoiditis, abductor hallucis strain, soft tissue injury

### Pressure Lesions

- ulcers, keratomas (corns and callouses)

### Dermatological pathologies

Nail pathologies, mycotic infections, plantar warts, hyperhidrosis, bromidrosis, hyperkeratosis, psoriasis

### Postural symptoms secondary to foot function affecting the:

- lower back, hips and knees.

YOUR FEET ARE KEY TO YOUR MOBILITY,  
AND TO A HEALTHY, ACTIVE LIFESTYLE.

ENSURE THEIR LONG-TERM HEALTH BY  
CONSULTING WITH A MEMBER OF THE  
SASKATCHEWAN COLLEGE OF  
PODIATRISTS

## OUR SCOPE OF PRACTICE INCLUDES:

- \* diabetic foot management (preventative care & intervention to reduce the risk of lower limb complications and amputation)
- \* treatment of chronic foot pain (due to structural stress, soft tissue changes, repetitive strain)
- \* management of the arthritic foot (associated with deformity and tissue viability in rheumatoid arthritis, osteoarthritis and sero-negative arthritides)
- \* management of locomotor disfunctions affecting the foot (cerebral palsy, polio, spina bifida, charcot-marie-tooth disease)
- \* diagnosis and management of nail pathologies (conservative or surgical management)
- \* removal of benign cutaneous or sub-cutaneous lesions (with or without local anesthetic)
- \* foot health education (public seminars/patient education)
- \* high risk patient management (vascular, Neuropathic and biomechanically compromised)
- \* Wound management

## OUR SCOPE OF PRACTICE (continued):

- \* design foot orthoses including prescription and fabrication
- \* sports injuries
- \* seniors foot health management
- \* pediatric foot pathologies
- \* footwear (assessment, prescription &

## FEED BACK

If you've had a great experience with your podiatrist, we would love for you to share it with the College either by way of snail mail or e-mail.

Conversely if you would like to report a member of the College you will need to send us a formal statement and the College will take appropriate action. Your anonymity will be protected at all times. For more information on contacting the College please visit our website @

WWW.SCOP.ca

